



MASTER OF SCIENCE IN PHYSICAL EDUCATION

Rationale

Cognizant of the need to help upgrade and eventually standardize the teaching of Physical Education in the MINSUPALA region and in view of the MSU-System's role in developing and producing competent teachers who are prolific in instruction, research and extension, the Department of Physical Education (DPE) of the College of Education Department (CED) of MSU-IIT herein strongly proposes, after thorough studies, preparations and negotiations with the MSU-CSPEAR of the main campus, to adopt the Master of Science in Physical Education (MSPE) effective June 2004-2005.

The offering of MSPE program in MSU-IIT campus zeroes in on the pedagogical needs of Physical Education teachers in Mindanao. Particularly, it purports to:

- 1) Usher in cultural peace and development through programs that promote integration and understanding among the tri-people in Mindanao namely; the indigenous People (IP's), the Lumads and the Christians,
- 2) Alleviate poverty through sponsorship of highly organized institutional sports competitions promoting lucrative business opportunities on the part of the people and minimized expenditures on the part of the teachers who are pursuing master's degree in Physical Education offered in far places such as Cebu or Manila other than MSU-main campus,
- 3) Provide better educational integration and cultural understanding, content and approaches to enhance the field of Physical Education as a science that promotes sound-mind-and-sound-body-principle among the entire populace, and
- 4) Bring the special population and the handicaps, special children/ learners, etc. to the normal population, enabling them to become productive members of the society through ameliorative and remedial programs especially designed for People With Disabilities (PWD).

The Department of Physical Education (DPE) is now capable of carrying on its mandate after a number of years of planning and preparations. It has very competent and committed roster of faculty members. To date, it has three (3) Ph.D. candidates, eleven (11) MSPE and MAPE/MAT-PE holders, and two (2) MSPE candidates. To complement its faculty force, it will tap the services of (5) Ph.D. holders of the Department of Professional Education. It has adequate equipment and facilities for instruction, research and extension and has sufficient library holdings for both graduate and undergraduate students. Having been granted Level II by the AACUP accreditors and having scheduled for Level III first visit, the DPE is therefore highly qualified to adopt the Master of Science in Physical Education (MSPE) Program in the MSU-IIT campus.

This program is a long overdue answer to the 1995 CED and DPE conducted researches on the needs and the teaching competencies of Physical Education teachers, which revealed the need to offer MSPE to upgrade their teaching competencies in sport, physical education, recreation and dance. This was followed-up in a survey which was conducted in compliance with the requirement of the University Curriculum Committee. Subsequently, the findings suggested a unanimous demand for offering the MSPE program in MSU-IIT.

In the regional scene, the dynamic programs of the Department of Physical Education (DPE) (i.e., the yearly Dance-Seminar Workshop for Teachers (DSWFT), along with the other extension activities sponsored by the department) are still in demand by DepEd teachers coming from Zamboanga del Norte, Zamboanga del Sur, Misamis Oriental, Misamis Occidental, Lanao del Norte, Lanao del Sur, Surigao del Norte, Surigao del Sur, Butuan City, and even Cebu (particularly Daan Bantayan). This demand has been unprecedented making the program dynamic and mobile in the past five (5) years. In the local scene, firstly, its faculty has been known to cater to the needs of the special population in Iligan City. In cooperation with the Iligan City Government and Rotary International, the DPE is tasked to provide programs to the People With Disabilities (PWD) for holistic development

(an ideal avenue for which MSPE graduates can develop skills in research and extension); and secondly, there is an ongoing negotiations in the signing of the Memorandum of Agreement (MOA) with the Tubod Lanao del Norte Government for MSU-IIT to use Tubod's state-of-the-art sports facilities as venue of the DPE's extension activities. All these manifest the people's trust and confidence in the DPE as a potent agent of human development and as an active catalyst for change in MINSUPALA.

If implemented, the program will also prepare the graduate students' competencies in designing curricula in the three (3) levels of education for the indigenous people, Lumads and the Christians in Mindanao, overriding the greater role of bringing peace and development through its cultural and economic development activities and orientations.

Finally, in the global front, graduate teachers will be better prepared to select, train and develop, through competitive sports activities, regional, national and even international athletes to compete in the International Olympic Games (IOC), thereby bringing glory to this country.

Objectives

The program aims to produce graduates with advanced training in Physical Education capable of:

1. Managing the three (3) levels of cognition in Physical Education (P.E) stressing quality instruction through the implementation of a well-designed curriculum fashioned for to the tri-people in Mindanao.
2. Undertaking independent research in Physical Education (P.E) for publication in professional journals.
3. Performing extension activities to promote social and cultural integration.
4. Training athletes to compete in the local, regional, national and even international sports competitions.

Admission Requirements

The applicant must:

- a. Have a bachelor's degree in any of the following: (a) BPE, (b) BSPE, (c) BSE-PEHM, (d) BEED-MAPE, (e) PDPE, (f) BSE-PE
- b. Have official transcript of records of Bachelor's degree or its equivalent with a GPA of 2.0 or better
- c. Pass the Graduate Schools 's admission examination
- d. Have recommendation from two (2) former professors
- e. Submit his/her curriculum vitae
- f. Pass the personal interview

Degree Requirements

The student must:

- a. Complete a total of 39 units of approved coursework (includes 6 units of graduate thesis);
- b. Pass the comprehensive examination in all required courses (exam must be taken after completion of all required courses); and
- c. Successfully defend his/her thesis.

Delivery Mode

- a. Full-time student during regular semester (9-12 units load); summer (9 units)
- b. Week-end classes
- c. Web-based technology
- d. Lecture venue may be on – or off – campus.

Retention Policies

The students' academic standing is evaluated at the end of each semester. To stay in the program, a student must have a GPA of 1.75 or better.

Proposed Implementation Scheme

1. The MSPE Curriculum shall be implemented at the MSU-IIT campus starting the school year 2004-2005.
2. Consortium with the MSU-CSPEAR is part of the implementation plan.
3. Tie-ups with LGUs, NGOs, POs and other organizations for extension activities shall be secured.
4. Linkages with the international community in sports, PE, Recreation and Dance shall be explored.

MASTER OF SCIENCE IN PHYSICAL EDUCATION (MS PE)
(LIST OF COURSES BY SEMESTER)

First Year, First Semester

Course No.	Course Title	Units	Hrs./Wk.			Prerequisite(s)
			Lec	Lab	Total	
SPEAR 201	Historical & Philosophical Background of PE	2	2		2	None
SPEAR 202	Biomechanics in PE and Sports	5	5		5	None
SPEAR 203	Curriculum Development in SPEAR	3	3		3	None
SPEAR 204	Current Trends in SPEAR	2	2		2	None
	Total	12	12		12	

First Year, Second Semester

Course No.	Course Title	Units	Hrs./Wk.			Prerequisite(s)
			Lec	Lab	Total	
SPEAR 205	Inferential Statistics	3	3		3	None
SPEAR 206	Advance Methods of Research and Evaluation in SPEAR	3	3		3	None
SPEAR 211	Advance Management of SPEAR	2	2		2	None
Non-SPEAR	Elective	2	2		2	None
	Total	10	10		10	

Second Year, First Semester

Course No.	Course Title	Units	Hrs./Wk.			Prerequisite(s)
			Lec	Lab	Total	
SPEAR 212	Physical Fitness & Sports Skills Testing	2	2		2	None
SPEAR 213	Physio- Psycho. in SPEAR	2	2		2	None
SPEAR 223	Recreation for Special Groups	2	2		2	None
SPEAR 290	Seminar in SPEAR	1	1		1	None
Non-SPEAR	Elective	2	2		2	None
	Total	9	9		9	

V. Comprehensive Examination

VI. Units Per Semester

First Year		
First Semester	12	12
Second Semester	10	10
Second Year		
First Semester	9	9
Second Semester	8	8
GRAND TOTAL	39	39

* CSPEAR, MSU, MARAWI ** CEd, P.E., MSU-IIT

CATALOGUE OF COURSES

SPEAR 201 HISTORICAL AND PHILOSOPHICAL BACKGROUND OF P.E.

The course deals with the discussion of the principles and historical background of physical education. It aims at encouraging the graduate students to develop personal philosophies of physical education as a profession.

Credit : 2 units

SPEAR 202 BIOMECHANICS IN P.E. AND SPORTS

This course deals with the analyses of a variety of sports activities in terms of application of fundamental principles of biomechanics and kinesiology in relation to teaching, coaching, and research.

Credit : 5 units

SPEAR 203 CURRICULUM DEVELOPMENT IN SPEAR

This course deals with providing the graduate students with technical know-how in planning the contents of physical education, taking into consideration the strategies, values, historical foundations and development of PE curriculum for the pre-school, elementary, secondary and tertiary levels.

Credit : 3 units

SPEAR 204 CURRENT TRENDS IN SPEAR

It deals with the essential issues of PE curriculum development and implementation. It provides the teachers awareness of the latest trends and discoveries in Sports, PE, Health, and Recreation to improve teaching competencies.

Credit : 2 units

SPEAR 205 INFERENCE STATISTICS

This course aims at providing the graduate students with knowledge about the statistical tools needed in research and decision-making. The graduate students are expected to acquire competence in both descriptive and inferential statistics.

Credit : 3 units

SPEAR 206 ADVANCE METHODS OF RESEARCH & EVALUATION IN SPEAR

This course introduces prospective physical education teachers to the complex nature of the principles and methods of research. It also deals with the knowledge of and skills in doing research proposals.

Credit : 3 units

